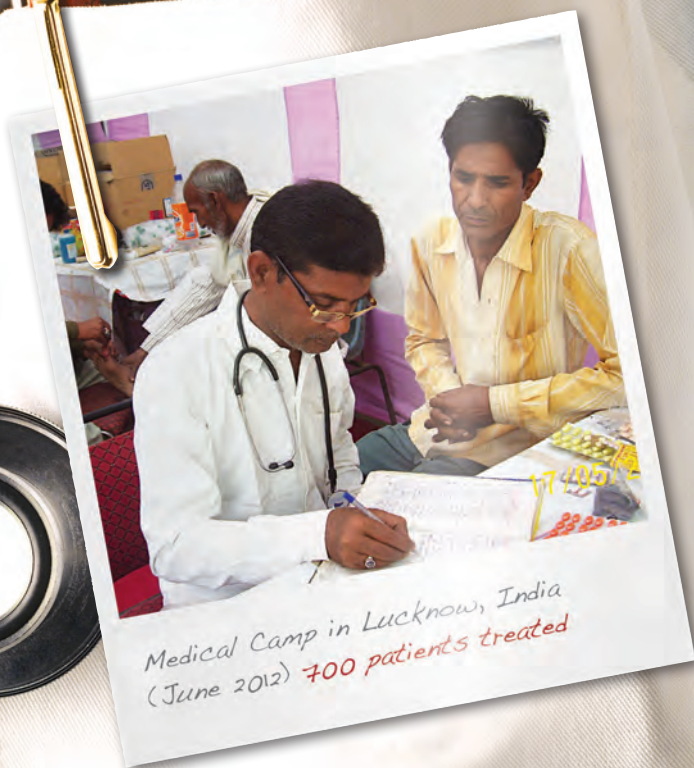


Health: Annual Report 2012

A report on all areas of our work in various cities and countries



We exist to serve

THE
WORLD
FEDERATION
OF KHOJA SHIA ITHNA-ASHERI MUSLIM COMMUNITIES



Health Department

Health Objective

The World Federation's health objective is to alleviate the sufferings of those living in poverty and destitution by providing them with access to primary health care and treatment

Our Services

The World Federation funds health care facilities that offer a range of services which include :

- Primary Health Care
- Eye Clinics and Hospitals
- Diagnostic Centres
- Medical Camps and Eye Camps
- State of the art medical equipment
- Breast Cancer Screening Centre
- Thalasaemia Centre

Health Report 2012

In 2012, the health team of The World Federation continued to support a number of medical initiatives across the world. The report includes an update of activities for the following:

 **Zainabiya Health Centres** – Patna, Bangalore, Pottenahali, Lucknow

 **Aeinullah Eye Clinics** – Patna, Bangalore, Lucknow, Mianwali

 **Hyderi Diagnostic Centre** – Parachinar, Pakistan

 **Health Centres** – Gilgit, Pakistan

 **Zainabiya Thalassaemia Centre** – Parachinar, Pakistan

 **Zainabiya Breast Cancer Screening Centre** - Mianwali, Pakistan

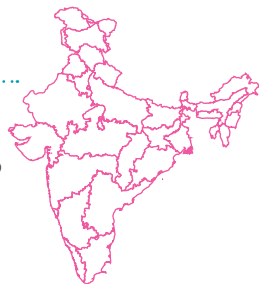
 **Jaffery Medical Centre, Clinical Chemistry System** - Mombasa, Kenya

 **Al-Asr Hussainia Clinic** – Kerbala, Iraq

 **Autistic Centre** - Dar es Salaam, Tanzania

- **Eye Camps** and Cataract Surgery programme - Pakistan
- **Medical Camps** - India

India



According to UNICEF, in India there are over 25 million orphans. Everyday 5,000 children under the age of 5 die due to preventable causes. The Global Hunger Index states that India has the highest child malnutrition rate of the world's regions. In addition 49 % of the world's underweight children, 34% of the world's stunted children and 46% of the world's wasted children, live in India. The need, therefore, for the World Federation to exist and provide education and healthcare in India is vital and a necessity.

Patna



🏠 Zainabiya Health Centre



17,567

Total Patients Treated (2006 - 2012)



2,683

Patients Treated in 2012



About the Clinic

The centre offers both basic care and referral treatment, where specialising physicians cater to patients requiring treatment and surgery. It caters to needy non-affording patients at minimal or no charge irrespective of caste or religion. A physician is available four days a week to provide GP check-ups, medicines and basic treatment. Patients requiring specialist treatment are referred to a hospital.



Aeinullah Eye Clinic



2,265

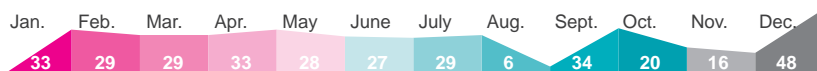
Total Patients Treated (2006 - 2012)



332

 & 50 Cataract surgeries

Patients Treated in 2012



About the Clinic

In a population of 1.2 billion, nearly a third of the population requires the services of an ophthalmologist and the facilities exist for those who can afford it. However, amongst the lowest income households where the demand is increasing the service does not exist.

The World Federation provides funding in full for the work carried out by the eye clinic in Patna, which is open every weekday. The following services are provided by a professional local ophthalmologist:

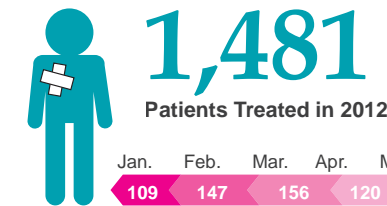
- *Screening of patients with eye conditions*
- *Consultation and specialist treatment*
- *Provision of eye tests*
- *Identifying patients requiring cataract and glaucoma surgeries to restore eyesight*
- *Spectacles dispensed for vision correction.*



Bangalore



🏠 Zainabiya Health Centre



About the Clinic

The Zainabiya Health Centre provides medical assistance to the lowest income households of Bangalore. The centre is like a GP practice in the UK, providing for the basic healthcare and consultation of patients by a doctor. Patients are supplied with the medications necessary to assist them in recovering from their illnesses, or, in the most severe cases, referred to a specialist for surgery or follow- up care.

The centre has also employed social workers to venture into over populated areas of Bangalore in order to educate residents on personal hygiene and basic healthcare measures, so that the spread of disease is prevented.



Aeinullah Eye Clinic



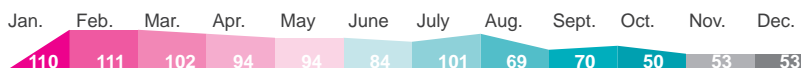
9,827

Total Patients Treated (2006 - 2012)



991

Patients Treated in 2012



About the Clinic

The needs of the area compelled The World Federation to inaugurate its second eye clinic in Bangalore in June 2001. In January 2003, the clinic was upgraded into a fully equipped eye hospital. This led to an increase in the range of services provided, utilising the latest diagnostic and therapeutic equipment to this effect.

The hospital is open 5 days a week and treatment is undertaken by a team of renowned ophthalmologists. The services provided at the hospital include surgery for cataracts and other eye diseases. In 2011 the clinic was renovated and transformed into a state of the art facility providing eye care of highest standards. The income generated from the people who can afford to pay is used to subsidise the treatment of low income patients by over 50% and, in some cases, patients are treated free of charge. At present, The World Federation is providing funding towards costs of conducting free eye camps in heavily populated slums and rural villages in and around Bangalore.



Pottenahali.....



🏠 Zainabiya Health Centre



6,979

Total Patients Treated (2006 - 2012)



2,199

Patients Treated in 2012



About the Clinic

Pottenahali is a village in the Bangalore district of Karnataka State in India. The villagers living in the area had no access to primary healthcare and school children would pass away from preventable and easily curable diseases. The World Federation has a school established in the area and identified the establishment of a health centre to be a necessity. Since the inauguration of the centre in 2009, many children from this School have also benefitted from the centre and they no longer drop out due to preventable illnesses.

The centre is open for 2 hours, six days a week, to provide consultation to the patients, treat them and dispense the necessary medication. It was noticed that many patients required chest examinations. The centre is now equipped with an ECG machine that allows doctors to see if the pain is caused by a cardiac issue and then treat it accordingly.



Facts

753 more patients seen from last year.

For a village with a population of 2,500 this medical centre benefits over **80%** of them.



Lucknow



Zainabiya (Specialist) Health Centre



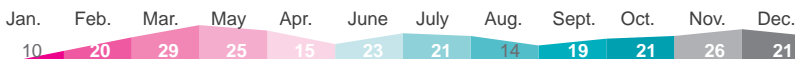
2,269

Total Patients Treated (2006 - 2012)
- Referred for specialist opinion or care



244

Patients Treated in 2012
- Referred for specialist opinion or care



About the Clinic

The centre works hard to improve and enhance the quality of life for its patients in an area where illness was once thought of as a life sentence.

How the Centre Works:

- *Cases hailing from all across India are brought to the attention of our partnering agency in Lucknow for action*
- *Due diligence and needs assessments are carried out for each patient by our agency*
- *Upon approval, patients are brought to Lucknow and seen by a specialist who initiates the treatment as necessary*
- *Patients stay at the centre during the course of their treatment. The World Federation pays for the cost of treatment, medication, transportation and accommodation in full.*

Medical Camps

Free Medical Camps are organised by Zainabiya Health Centres on a regular basis in towns nearby. The camps provide a vital service at community centres and schools where our doctors issue free medical care, diagnose patients and dispense medicines free of charge. Some of the patients who need secondary care are then referred to our healthcare centres in Lucknow for treatment.



Photos:
Medical Camps in Baghra (opposite) and Jogipura (above).

🏠 Zainabiya Polyclinic



90,387

Total Patients Treated (2009 - 2012)



35,778

Patients Treated in 2012



About the Clinic

Large numbers of health centres in Lucknow are providing cheap health services, however these centres are run by unqualified people who are providing consultations and medication at a cost of 5 Rupees only. To minimise the risk to the community from such scams a primary health centre was needed which would provide quality health services by qualified health professionals at the same price. On 14th June 2009, Zainabiya Polyclinic was opened attracting many patients. The year 2012 saw its largest amount of patients yet.

Services Provided:

- Treatment and medication for 5 rupees
- Homeopathic care by a qualified homeopathic practitioner and a general physician runs a clinic for 3 hrs every weekday.
- Patients who need specialist care are referred to the Zainabiya (Specialist) Health Centre for follow ups.
- An onsite pharmacist to dispense medications



Aeinullah Eye Clinic



23,469

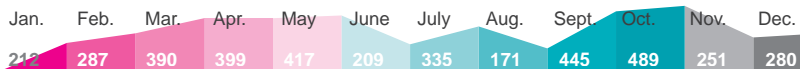
Total Patients Treated (2006 - 2012)



3,885

 & 2 Eye surgeries

Patients Treated in 2012

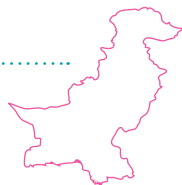


About the Clinic

In March 2004, the 3rd Aeinullah Eye Clinic was opened in Lucknow. The clinic is open three hours every weekday, where professional ophthalmologists are on hand to provide treatment. A nominal fee is levied upon the patients who can afford it and waived entirely for those who cannot. Many patients cannot even afford to purchase eye drops, spectacles or medication despite receiving free treatment at the centre. The clinic caters for this by supplying them with the necessary medication alongside their treatment.



Pakistan



Pakistan has a population of 160 Million. About 40% of its population lives below or close to the poverty line (source: UNDP 2002).

Mianwali



Zainabiya Breast Cancer Centre



108

Patients Investigated in 2012
(Opened in May 2012)

50 patients diagnosed with Breast Cancer



About the Clinic

The Zainabiya Breast Cancer Screening Centre was established in Mianwali in May 2012. The centre aims to bring about awareness of breast cancer through seminars, local newspapers, cable network and the local FM Radio station. The centre organises medical camps in different parts of Mianwali to detect breast lumps in women and those women who are found with breast lumps are offered a mammography and FNA (Fine Needle Biopsy) to diagnose the nature of the lumps. The Breast Screening is done at no cost to the women.

The Zainabiya Breast Cancer Screening Centre has been a huge success and has already picked up a large number of patients with breast cancer in the 8 months that it has been operational.





20,801

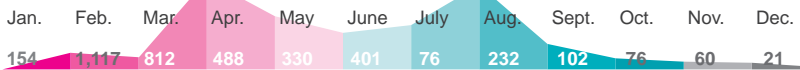
Total Patients Treated (2006 - 2012)



3,879

& 354 Eye surgeries

Patients Treated in 2012



About the Clinic

Mianwali is populated by 85,000 people and is rife with poverty, unemployment and illiteracy. Thousands of individuals suffer from entirely treatable glaucoma and cataracts.



Eye Camps

Our specialists provided **354** surgeries in the four free medical eye camps and other routine surgeries in the clinic held in 2012 to patients who couldn't afford to pay for treatment for illnesses such as glaucoma and cataract. These 4 camps and other routine checks in the clinic also treated over **2452** patients with common eye ailments.



Gilgit

Health Centres



10,429

Patients Treated in 2012
(In 4 different Health Centres)



KEY: Male Patients Female Patients Child Patients

About the Clinics

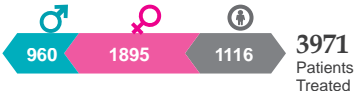
In the district of Gilgit, people live in mountainous terrain where villages are scattered throughout the land. Means of communication is poor to non-existent. Travelling is difficult as the roads are mostly made of gravel and wind in and out of the mountains.

Moreover due to the severe weather conditions during winter, between the second weeks of November to mid of April, all roads going in and out of Gilgit are closed and as such no medical assistance can be provided from outside the area. Enough Medication and all other necessities are normally sought before the exclusion period.

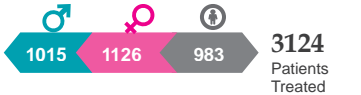
In 1995, the Jafria Trust Pakistan started 7 Medical Centres through Baltistan Welfare Society. Due to lack of funds and adverse political circumstances, the Trust was unable to financially support the Health Centres. More than 7000 people live in the vicinities of each centre.

The World Federation is providing financial support to pay for medication & equipment to adequately operate 4 of these centres.

Al Khadija Medical Centre MCH Centre Thorgo



Al Khadija Medical Centre MCH Centre Basho



Al Khadeja Dispensary Kunar, Gultari



Al Khadeja Dispensary Shuwaran, Gultari



Parachinar

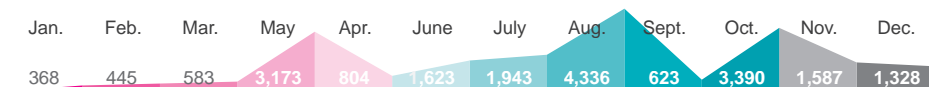


Hyderi Diagnostic Centre



20,203

Total Tests in 2012
(Opened in January 2012)



About the Clinic

The Hyderi diagnostic centre is operated in partnership with Hussaini Foundation. The World Federation donated more than £13,500 towards the purchase of medical equipment. These new equipment has greatly enhanced the centres abilities to better meet the health care needs of the local people

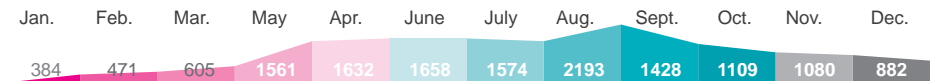




14,577

Patients Treated in 2012

(Opened in January 2012)



About the Clinic

The World Federation has in conjunction with Hussaini Foundation & Haideri Blood Bank & Welfare Society established the Thalassemia Centre in Parachinar. The centre provides the following services:

- Collecting test data in order to register details of thalassemia carriers
- Educating the indigenous population on eradicating the prevalent local custom of consanguineous marriages
- Treatment of patients by highly skilled physicians in a state-of-the-art facility. Providing pure and screened blood to needy patients
- Offering 50% concession as compared to local market rates on all clinical tests. Imparting free medical facilities to those who cannot afford to pay
- Establishment of a 'Poor Fund'
- Organising a blood donor committee in each village of the Kurram Agency
- Setting up blood banks in the remaining Tehsil headquarters of the Kurram Agency
- Supplying ambulance services



Kenya



Mombasa is the second largest municipality in Kenya with a population of approximately 939,370 people with a poverty rate of 37.6% (KIHBS, 2012)

Mombasa



🏠 Jaffrey Medical Centre



353

Total Extra Tests in 2012

(Via the new ACE machine provided in October 2012)

Oct.

Nov.

Dec.

99

177

77



About the Clinic

The Jaffrey Medical Clinic was established in 2004 and offers affordable basic healthcare services to the local community. The World Federation provided the clinic with an ACE Alera Clinical Chemistry System to increase output and better their services.

Services Provided:

The clinic is open 6 hours a day and provides affordable healthcare facilities at a marginal fee of Ksh 200 per patient.

The machine has enhanced the clinic's efficiency and reliability in the tests conducted in its laboratory which in turn has increased confidence in its patients test results. The clinic is now able to provide quick and accurate results of several tests that are carried out simultaneously.

Tanzania



Tanzania, officially the United Republic of Tanzania is a country in East Africa. It has a population of 46.2 million people with a poverty rate of 35.4%. (IFAD, 2007).

Dar es Salaam



Autistic Day Care Centre



27

Students in 2012



About the Clinic

The first of its kind in the whole of East Africa, the World Federation's Autistic Day Care Centre was opened to provide a well-structured, nurturing environment for children diagnosed with autism and other chronic conditions such as Down syndrome, ADHD and other learning disabilities. The centre facilities were appointed with a sensory room, a learning skills classroom, an activity room, a kitchen and a playground.

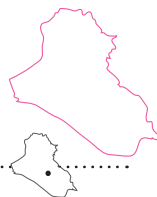
Autism is not a mental illness it is a lifelong developmental disability. Autism is not curable but it is highly treatable. Symptoms can be lessened and skills can be acquired with early intervention and support.

The Autistic centre would not have been able to be as successful without the help of the Dr Zulfikar Abass and Dr Mohamed Taki Walji who were instrumental to the

success of it. The Autistic Day Care Centre has been visited by various professionals who offered training to the staff, provided the necessary expertise to help run it, provided help in restructuring the school syllabus and introduced new activities to the children. Some of these professionals included Mr Kit Howe, the Deputy Principal of the Robert Ogden School in the UK and Ms Kari Dunn, the designer and coordinator of the Autism Spectrum Disorders Certificate Programme at Hamline University in St. Paul.

On the 1st of January 2013 the World Federation handed over the Autistic Day Care Centre to the Education Board of the Dar-es-salaam Jamaat. The Autistic Day Care Centre has now been relocated to the Al-Muntazir school.

Iraq



Karbala

Kerbala is a city in Iraq and is located approximately 100 km southwest of Baghdad. Kerbala's estimated population in 2003 was over 572, 300 people.

🏠 Al-asr Hussaina Clinic



8,223 & 14 surgeries
Total Patients Treated in 2012



900
Total Lab Tests in 2012

About the Clinic

The Al-Asr Hussainia clinic provides medical aid to the Zawar of Imam Husayn (AS), Hazrat Abbas (AS) and to the workers of both the shrines of Imam Husayn (AS) and Hazarat Abbas (AS).

Apart from providing basic health care, the clinic also performs minor surgeries. The centre is also equipped with a digital ECG machine, laboratory unit, pharmacy unit and a minor surgery unit.

The clinic is open for two hours in the evening 5 days a week. However during Arbreen, the clinic hours are extended.

The clinic normally operates for 2 hours in the evening 5 days a week. The clinic sees approx. 15-20 patients on a daily basis

The clinic sees larger number of patients on Thursday and Fridays due to large number of zawwars visiting the Holy Shrines



Upcoming Health Projects

- Mobile Clinic - Tanzania
- Zainabiya Diagnostic Centre - Mianwali, Pakistan
- Child Development Program - Pakistan
- Health Centre - West Bengal, India

Thank You

The World Federation of KSMIC would like to appreciate all its donors for supporting several of its projects and without whom none of the projects would be delivered.

If you wish to donate towards any of these centres, which is doing a fantastic job of uplifting and supporting the community and humanity at large, please donate online at:

www.world-federation.org

For more information, please email:

health@world-federation.org

To donate or for more information contact us at:

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