



Central Health Board

of Khoja Shia Ithna-Asheri Supreme Council

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CHB HEALTH BULLETIN

Medical Camps in DSM, Arusha and Moshi.

“As time goes by, more and more people are getting familiarized with the idea of genetic diseases and are taking measures to get medical checkups”.

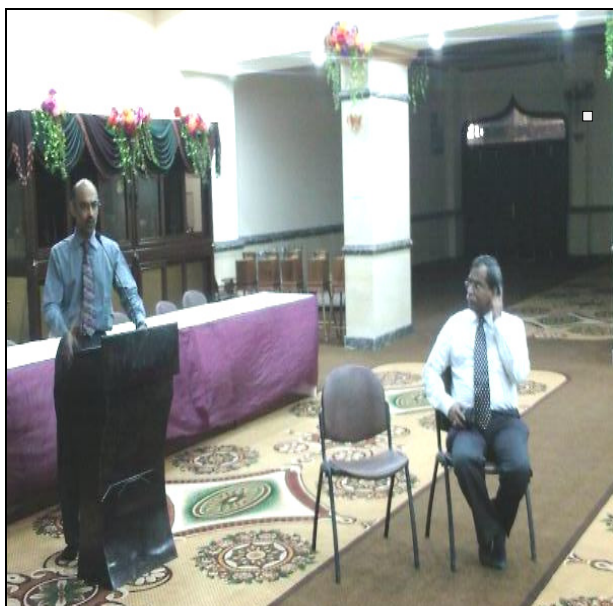
CARDIAC CAMP:

On invitation from CHB, Dr. Rajan (Interventional Cardiologist) and Dr. Latchumanadhas (Thoracic surgeon) from Madras Medical Mission Hospital in Chennai, India visited Tanzania after the medical council conference in Kenya. In Dsm they screened 137 Cardiac patients from 25th to 29th May, 2010. The camp was organized by Central Medical Board in collaboration with the Central Health Board at Ebrahim Haji Charitable Health Centre. Few of the patients needed to go for surgical treatment, while many were advised conservative treatment, medication and dietary change. We wish to thank the staff and volunteers for organizing the camp proficiently.



Dr. Rajan & Dr.Latchumandhas busy with patients

Lectures at the Imambargah in Dar es Salaam:



The Doctors' visit to Moshi and Arusha – A brief report of the two camps

At Arusha, the camp took place at Ithna-Asheri Charitable Hospital, on 22nd May 2010 from 2:00 p.m-6:00 p.m. A total of 25 patients were screened by Dr.Rajan and Dr.Latchumandhas, they were assisted by Dr.Alwani & Dr.Mohammed Sheriff.12 patients were from our community and 13 patients were from other communities. Our deep appreciation goes to Dr.Alwani, Dr.Sheriff, Br.Abbas Karim, Br.Talib Chagani, Br.Mustafa Virjee, Br.Hussein Kermalli and Br. Rizwan Peera for excellent organization of the camp in Arusha.

CHB in collaboration with Medical Board of Moshi KSI Jamaat organized a Cardiac Camp which was held on 24th May, 2010 at Jaffery Charitable Medical Services in Moshi. This event was open to all communities in Moshi Municipality and overall turnout was very impressive 34 patients from various communities took part in the camp. A few of the patients were advised to undergo coronary angiogram/bypass while others were advised conservative treatment. Various cases were seen by the doctors in a one day camp.

ORTHOPAEDIC & GYNAECOLOGICAL CAMPS:

❖ Dar-es-salaam:

On invitation from CHB, Dr. Dimple Parekh (Orthopaedic) and Dr. Shital Punjabi (Gynaecologist) from Ahmedabad, India visited Dar-es-salaam from 22nd to 24th September 2010. The camp took place at Ebrahim Haji Health Centre. A total of **148** patients were screened for orthopaedic problems. The most common diagnosis was osteo arthritis, majority of the patients were advised to continue



physiotherapy and medication. For the gynaecological camp a total **79** patients were screened. Majority of the patient suffered from polycystic ovarian syndrome (PCOS)-Irregular menses, infertility problems, and fibroids. These patients were advised to have follow-ups and continue using medication.

❖ **Moshi:**

On 25th September 2010, The Central Health Board of Africa Federation, MB of KSIJ MOSHI and Jaffery Charitable Medical Services (JCMS) of Moshi organized a half day orthopedic and gynecology camp for public at JCMS which was conducted by prominent visiting specialists from India; Dr. Dimple Parekh and Dr. Shital Punjabi. They had a total of 34 participants of which 18 participants consulted the gynecologist and the rest orthopedic surgeon.

Further analysis of each clinic is as shown below:

Gynecology Clinic		Orthopedic Clinic	
Ailment	No of patients	Ailment	No of patients
PCOS	2	Spinal cord stenosis	2
Uterine Myomas	1	Advance Knee joint osteoarthritis	1
STI	3	Cellulitis	1
Secondary Infertility	1	Lumbago	2
Prolapsed Uterus	1		
Normal	10	Normal	10
Total	18		16

❖ **Arusha:**

The camp was held at Ithna-Asheri Charitable Hospital from 3:00 p.m. to 6.30 p.m. A total of 40 patients were checked and consulted. 27 Orthopedic patients were seen, and 8 Patients identified for further investigations. While Gynecology – 13 Patients were seen, and 3 patients needed further investigations. Screening is one of the ways of identifying ailments and illnesses at an early stage, thereby preventative measure can be taken by participants, this is one of the many programs of CHB which will continue in all the Jamaats.



CHB would like to thank most sincerely Africa Federation, KSI Jamaats and Medical Boards of Dar es Salaam, Moshi and Arusha for supporting the above program. We also wish to thank the Management and Staff of Ebrahim Haji Charitable Health Centre of Dsm, Jaffery Charitable Medical Services of Moshi and Ithna-Asheri Charitable Hospital of Arusha for organizing the Cardiac, Gynaecology and Orthopaedic camps. Our thanks to Dr. Rajan, Dr. Latchumanadhas, Dr. Parekh and Dr. Shital Punjabi for their time and services rendered to our community at these camps and for the lectures they delivered at the Imambargha in DSM.

The Ramadhan 1431 AH - Mini Health Screening Program in DSM, photograph below of the officials, doctors, JAMSA students and volunteers - full report to follow:



“Community’s health – CHB’s priority”