



Central Health Board

of Khoja Shia Ithna-asheri Supreme Council

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CHAIRMAN'S MESSAGE

As the term is nearing to end, attributes, contemplation and reflection.....



My latest 2nd term of office as Chairman of the Central Health Board (CHB) is ending in April 2010, with the presentation of CHB report at the 24th Triennial Conference and 70th Supreme Council Session in Dar es Salaam from 2nd to 4th April 2010.

By the grace of Allah (swt) we have made good progress in many spheres of our activities since 2004, this was only possible as a result of the cooperation and support of the CHB - Board Members, Office Bearers of Africa Federation, Secretariat offices in Nairobi and Dar es Salaam, Ebrahim Haji Charitable Health Centre, CHB Representatives from the Constituent Jamaats and well wishers.

Our achievements are due to collective team efforts, determination for excellence and the desire to improve. In this Bulletin, I wish to present a brief reflection of CHB activities and the challenges.

At the outset, we identified priorities and set strategic framework fully aligned to accomplish them. One of our core objectives was to stimulate healthcare education and health awareness in our community, underpinning **"Preventive Healthcare"**. It is heartening to mention that we succeeded largely in our plan and achieved momentous milestones.

With the establishment of CHB office in Dar es Salaam, and the appointment of Health Administrator, Mr. Shabbir Lalji to manage day to day activities of CHB, this has attributed improvements in communications and information within and outside the community. Shabbir left for UK in September 2008 to pursue his Masters Degree in Public Health at the London School of Hygiene & Tropical Medicine (LSHTM). During his absence, Mrs. Zainab Jacksi Chandoo managed the office until December 2009. We are pleased to welcome back Mr. Shabbir Lalji whose experience and qualifications shall be of great help to CHB.

COMMUNICATION AND ENGAGEMENT CULTURE:

Communication is a vital segment of our activities, this provides important information to the larger community, through regular issues of CHB News Flashes and Quarterly News Bulletins, we have tried to keep our community well informed on numerous health issues and on our activities. I am pleased to mention that our **100th issue of CHB News Flash** will come out shortly; all these can be viewed in Africa Federation and World Federation websites. The aim is essentially to improve communication and inculcate engagement culture in our community.

CHALLENGES:

Currently, our biggest setback is lack of human resource capacity and organizational structure to sustain long term developments. Health, like religious and secular education (including higher education) requires competent and qualified personnel. The new focus should be geared to create human resource capacity and competencies in our institutions/organizations. Similarly, a need for database and statistics can not be over emphasized. Every Jamaat should put emphasis in building human resource capacity and invest in development and training of personnel who would then help the Jamaat in areas such as health education from the grass roots and regular monitoring of health performance.

Jamaat Medical News:

ARUSHA:



Arusha Jamaat Medical Board is actively involved in developing their medical facilities to improve health services to the community and the general public.

Early last year a brand new X-Ray Machine COSMOS Optimus 65, was kindly donated by the family of Amalia and Emil Schmid CH of Switzerland. The X-Ray has been installed at Ithna-Asheri Charitable Hospital in Arusha. This will greatly improve the diagnostic services they offer.

Several preventive healthcare programs were organized for our community members in Arusha, i.e. Cervical Cancer screening for ladies in October 2009 by doctors from USA with the assistance of Dr. M. Janmohamed who is the CHB Representative in Mwanza Jamaat. Orthopaedic and Gastroenterology camps by Dr. Dave and Dr. Ketu Parekh were held in Arusha KSI Jamaat Hospital in collaboration with CHB in November 2009. Many took part.

DAR ES SALAAM:



Blood donation in commemoration of the great martyrdom of Imam Hussein (AS) organized by the CMB, Blood Group Sub-Committee on 25th Dec 2009 for Gents and Ladies – 300 units of blood was donated.



The Ramadhan Mini Health Screening Program organized jointly by the Central Medical Board of KSI Jamaat of D'Salaam, Ebrahim Haji Charitable Health Centre and JAMSA in collaboration with the Central Health Board of Africa Federation in August, 2009. About 900 ladies and gents participated.



A visit to Ebrahim Haji Charitable Health Centre by Shk. Mustafa Jaffer, President of KSI Hujjat Jamaat of London on 26th Dec. 2009 was shown around, accompanied by CMB members, Hon. Secretary of KSI Jamaat D'Salaam, Alhaji Razahusein Manji. Shk. was in D'Salaam for Ashar-e-Muharram 1431 AH.



The family of late Ebrahim Haji visits Ebrahim Haji Charitable Health Centre in D'Salaam, the family live in Karachi, Pakistan. Seen here are Mr. Nazim Fidahusein Ebrahim Haji and Mr. Amer Nazim Haji, the grandson and great grandson of late Ebrahim Haji, the donor of Ebrahim Haji Dispensary building in Dar es Salaam. The family has been generously supporting the Dispensary.

MOMBASA:



New Dental Clinic at Mombasa Jaffery Medical Centre.

The new dental clinic at Mombasa Jaffery Medical Centre started functioning from 4th January 2010.

As part of the "promotion" free dental check for all members of the public was provided. There is good response to the dental clinic.

The Mombasa Jamaat Medical Board under the leadership of Alhaji Asaf Gulamhusein have strived to improve the medical services with commendable results.

We congratulate them for this achievement.

MOSHI:



The Central Health Board of Africa Federation of KSIMC in collaboration with the Medical Board of KSIJ of Moshi and Jaffery Charitable Medical Services (JCMS) organized the Orthopedic and Gastroentology screening camp on 23rd November 2009 at JCMS Moshi.

People of different age and ethnic groups participated with a total of 20 participants of which 75% were females and remaining male. The clinic was conducted by two visiting specialists from India; Dr. Yudhistir Dave (Orthopedic surgeon) & Dr. Ketu Parekh (Gastroenterologist).



75% of the participants had orthopedic related illnesses of which the majority was osteoarthritis with a few requiring knee replacement surgeries. Peptic Ulcer Disease and Gastroesophageal Reflux Disease were the commonest problems in patients seen by the gastroenterologist.

MWANZA & BUKOBA:

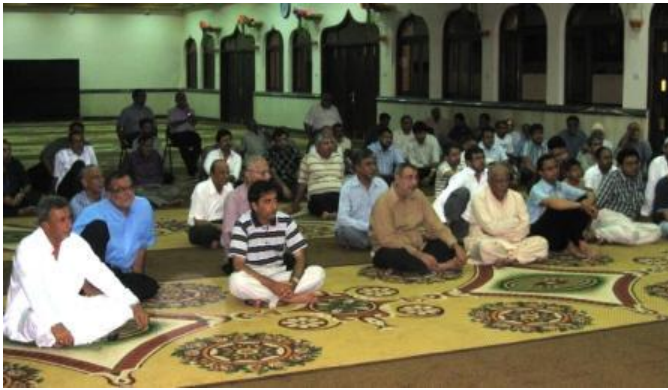


Breast & Cervical Cancer Screening.

In July & Aug 2009, screening programs were organized for the ladies, including screening for breast lumps and cervical cancer (CIN stage). Organized by CHB with assistance of Dr. M. Janmohamed and professional oncology team from the Departments of Medical Oncology, Gynecology and Internal Medicine from Bugando Medical Centre.

Thanks to Mwanza & Bukoba Jamaats & Medical Boards for facilitating these programs.

HEALTH LECTURES:



Lectures delivered by the visiting specialists Dr. K. Parekh & Dr. Y. Dave from Ahmedabad, India in D' Salaam in November 2009. The two specialists conducted camps in D'Salaam, Moshi and Arusha.

HAJJ MEDICAL ADVICE:



For the first time, CHB organized Hajj Medical Talk for Hujjaj. The talk was delivered by Professor Karim Manji of Muhimbili University of Health and Allied Sciences (MUHAS), Dar es Salaam.

Professor has wide knowledge and experience of Hajj having been for wajib Hajj many times. He gave a talk on 27th October 2009 on essential medical aspects, health precautions etc. during Hajj.

CHB also distributed pamphlets for Hujjaj. Ebrahim Haji Charitable Health Centre offered free health check-up to Hujjaj from all communities and also provided them with a small essential kit. A DVD was also produced by CHB which has been distributed to all the Group Leaders and Jamaats.

We request Jamaats to send us articles, events and any health related programs for publication.

The Editor

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